

ID-120

Medical resources about the promotion health in librarianship and information science studies

Barbara Mauer-Górska, Ph.D.

Institute Information Science and Librarianship, The Jagiellonian University, Krakow, Poland
mauer@bilon.miks.uj.edu.pl

Introduction

Promotion health is the subject of specialization for students in the 5th year studies of information studies and librarianship at The Jagiellonian University. The programme of specialization is realized by students' elaboration an actual information service on Internet which is composed of the resources of medicine, and the other fields, e.g. social sciences, education, and which deal with problems of the promotion health.

Those resources are qualified by meaning range of terms: public health, education health, promotion health. The definitions may fix up with a selection of information resources (traditional and on-line). The aim of the curriculum on about the promotion health is to learn the students the Internet abilities for information activity of all types libraries, which all should play the role of information centres for the society in the 21st century, called the informational community. In the curriculum there are also tasks of project and construction the web site by the students.

On the other hand, the aim of this poster is describing some examples of the web site about the promotion health worked up by the students, where there are some terminological aspects of the problem, the names and the www addresses of the international and national institutions, social and governmental organizations, informational services, data programmes, publications (traditional and on-line).

The poster is divided into the following sections:

1. Definitions and documents
2. Institutions and organizations
3. Pro-health programmes
4. Data bases

The each section shows the short description, and after all enclodes the links to the web sites. At first, it is necessary to explain what the words *health* and *promotion health* mean.

1. Definitions and documents

Consideration into the problem of the promotion health should be begun by answering the question,

what is it a health? It is possible to answer the question with using a few medical dictionaries that:

The health is not the only a lack of disease, but it is a physical, mental and social condition of people's prosperity.

Based on the document worked out by the First International Conference on Health Promotion in Ottawa on the 21 November 1986 ([http:// www.who.int/aboutwho/en/definition.html](http://www.who.int/aboutwho/en/definition.html)) it was known that:

The promotion health is a process which can afford people for checking their health.

One should also say the promotion health is not only a need of the present days. The origin of that problem in Polish history of medicine reach to the 19th century. In Warsaw in 1801 it was published the first Polish popular journal "The Daily of Health for People of All States" (Polish title: "Dziennik Zdrowia dla Wszystkich Stanów"). The aim of the journal was a preventive action of infectious diseases, and popularization the principles of health education and hygiene. In the past the infectious diseases were the main cause of death rate. Nowadays, it is the notice many essential needs as a proper diet and accomodation, clear water and air, a man's social status have more influence than the best system of health care. The main rule of the promotion health should be statement that:

Medicine is not able to solve many global problems so that promotion health is important in realization more social problems joined with public health.

The rules of solution the problems of public health can be found in the national programmes of health i every country all over the world. They are be able to create on basis of the international document "The Health for All" published in 1985 by the World Health Organization, and which contains 38 tasks applied to improvement the public health.

Answering that WHO's appeal in many countries the national health programmes are worked out. The Polish National Health Programme was projected in 1996, and its full text is on the web site: ([http:// www.medstat.waw.pl/nhp_p/1_p.html](http://www.medstat.waw.pl/nhp_p/1_p.html)).

By giving consideration to the promotion health it should be emphasized it is the process to make self-control possible for people. That process is regarded to people all over the world, and it should not only be concentrated on the individual's health care.

Understanding that definition it should be accepted the process joined people, local communities, and social institutions. Their common activities will be able to project the health public politics. The activities showed by the defintion of the promotion health belong to govermental and social institutions, and converges on conditions of people's health.

In accordance with that definition - the health is not the aim in itself, but it is indispensable value to every day life, and making people happy.

2. Institutions and organizations

Accomplishment of the promotion health programme treated by many organizations and institutions may be investigated with the wider meaning range of a term *public health*, and it should be understood as a task ,

or activity aimed at a health prevention, and a medical care for all people. The public health is also a branch of knowledge joined knowledge with activities of the international, national and regional organizations dealing with problems of the health. In this part there are the following the www sites of the important health organizations:

- World Health Organization (WHO)
[http:// www.who.dk/](http://www.who.dk/)
- Red Cross on the Internet
<http://www.pck.org.pl/linki.html>

Polish governmental organizations

- Ministry of Health and Social Welfare <http://www.mz.gov.pl/dlapac.htm>

- The Centre of Quality Monitoring in the Health Care <http://www.cmj.org.pl>

Polish regional organizations

- The Warmian-Masurian Centre of Public Health <http://www.czp.olsztyn.pl>
- The Malopolska Centre of Public Health <http://www.mcoizpz.com.pl>
- The Mazovian Centre of Public Health <http://www.strony.wp.pl/wp/mczp1>
The Mazovian Programme of Promotion Health
<http://strony.wp.pl/wp/mczp1/program.html>
- The Silesian Centre of Public Health <http://www.sczp.gov.pl>

Polish medical associations

- The Polish Cardiac Society <http://www.ptkardio.pl>
Service Promotion Health <http://www.lodz.ptkardio.pl/zdrowie.htm>
Encyclopedia of Health <http://www.zdrowie.med.pl>
Encyclopedia of Drugs <http://www.leki.med.pl>
- The Polish Society of Diabetes <http://www.cukrzyca.pl>
- The Polish Society of Hypertension <http://www.nadcisnienie.med.pl>

The governmental and local organizations direct the information on the Internet after all to patients, e.g. the Patients' Laws Charter, the calendar of vaccinations, the list of accredited hospitals in Poland, the list of medical centres in accordance with the international contracts. The similar necessary information about the health care are compiled for patients lived in the Polish regions, Warmia, Masuria, Mazovia, Silesia. The www sites of the medical associations are composed of the medical information for physicians, e.g. specialists of cardiology, and for filled from the cardiovascular diseases, or diabetes. The promotion health has become a study curriculum at a few Polish universities. These schools teach specialists of the promotion health who can work at schools, centres of the health care, e.g.:

- Academy of Physical Education in Wroclaw <http://www.awf.wroc.pl>
- University of Medical Sciences in Poznan <http://www.usoms.poznan.pl/hs>
- College of the Humanities in Szczecin <http://www.wshtwp.szczecin.pl>
- The project of curriculum on about psychotherapy and promotion health which can be used in the distance education <http://salve.slam.katowice.pl/psychologia1.htm>

3. Pro-health programmes

The aim of the third part of the web site on the promotion health is to show the programmes of a preventive treatment. In the traditional meaning of the health education the point of view is expressed to the protection, and teaching by a knowledge about health, or medical guidance. In the up-to-dated meaning of the health education there is the change of the negative feelings in thinking about the health that as impendence of diseases into the possitive ones attitude towards the energy as the quality of life, capacity for active and creative work on self-esteem.

"A Healthy School" includes the educational programmes realized in schools, and the web sites of the Polish primary and secondary schools:

- The Polish Programme - A free school from drugs <http://www.narkotykipol.pl>
- The School Superintendent's Office in Opole
http://www.kuratorium.opole.pl/dot/profilaktyka/profilakt_problemy.htm
- The Grammar School no.22 in Lodz
<http://www.edu.apple.pl/22lodz>

- The Secondary School no.9 in Szczecin
http://www.lo9.szczecin.pl/kadra/k_niedzielska.html

- The Programme Promotion Health at Schools

<http://www.debica.pl/mor/zdrowie.htm>

- The First Silesian Conference of Promotion Health at Schools
<http://www.metis.pl/Konf-zdrowie.htm>
- The Healthy Schools in the World
<http://www.who.dk/eprise/main/WHO/Progs/ENHPS/Home>
- Education Programmes
<http://www.men.waw.pl>

"A Healthy Town" includes social programmes in some Polish towns:

- The Association of the Polish Healthy Towns
<http://www.szmp.pl/idxm.htm>

4. Data bases

On the web site of the promotion health there are some medical portals useful in search for information as the following examples:

- Health on the Net Foundation created in 1999 and set up in memory for Professor Jean-Raol Schorrer by the International Swiss Organizations. It is addressed to non-medical users and medical practitioners <http://www.hon.ch>
- MediWeb makes possible to search the www sites on about the healthy family, diseases and their symptoms and diagnosis, or proposals of the healthy life style
<http://www.mediweb.pl/askdoctor/index.php>
- Zdrowie.med.pl <http://www.zdrowie.med.pl>
- ABC Zdrowia <http://www.medserwis.pl>
- Gazeta.pl-Zdrowie <http://www.gazeta.pl>

In other countries the problems of promotion health are similar, and there are many websites hosting

the information about as well similar themes, e.g.: terminological and historical aspects, organizations,

bibliographical registers of books and journal. They are some examples of the websites from the following countries:

Australia

Department of Medicine, University in Monash

<http://www.med.monash.edu.au/healthpromotion>

The Victorian Foundation of Health Promotion <http://www.vichealth.vic.gov.au>

Canada

The Centre of Promotion Health, University of Toronto <http://www.utoronto.ca/chp>

The Research Institute of Promotion Health, University of British Columbia

<http://www.ihpr.ubc.ca>

France

The European Base *Who is who in the promotion health*

<http://www.whoiswho.ensp.fr/Present/Default.htm>

U.S.A.

Department of Health Promotion and Education, University of Utah

<http://www.health.utah.edu/>

Department of Kinesiology and Health Education, University of Texas at Austin

<http://www.utexas.edu/education/kinesiology>

Conclusions

This service may be completed by two lists of chosen journals and books in traditional and electronic version. In each country they will be peculiar problems of the promotion health publishing

in journals and books. There are some examples of them, chosen of reason to the Polish causes of the promotion health on the website of the Institute of Information Science and Librarianship at the Jagiellonian University **<http://www.bilon.miks.uj.edu.pl>**.

Treating of the promotion health as a theme of the www sites may be useful in the informational activity of public libraries. Describing of that www site was the example of the students' challenges to project and collect the Internet's information for offering the resources on about the promotion health on the web.